



Early Childhood Lunch – February 2020

SodexoMAGIC - DC Public Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 3 – 7, 2020	<ul style="list-style-type: none"> Honey BBQ Chicken Sandwich Lemon Roasted Broccoli VE Fresh Apple Slices 	<ul style="list-style-type: none"> Teriyaki Grilled Chicken w/ Vegetables and Brown Rice Seasoned Carrots VE Orange Smiles 	<ul style="list-style-type: none"> Traditional Cheeseburger Seasoned Cauliflower VE Applesauce Cup 	<ul style="list-style-type: none"> Chicken Quesadilla Cucumber Coins w/ Dressing V Diced Peaches 	<ul style="list-style-type: none"> Classic Cheese Pizza V Roasted Corn VE Diced Pears
February 10 – 14, 2020	<ul style="list-style-type: none"> Turkey Macaroni Cucumber Coins with Dressing V Orange Smiles 	<ul style="list-style-type: none"> Turkey Sausage & Maple Pancakes Sweet Potato Wedges VE Diced Peaches 	<ul style="list-style-type: none"> Hot Turkey and Cheese Sandwich Mashed Potatoes V Mixed Fruit Salad 	<ul style="list-style-type: none"> Garden Burger V Collard Greens V Banana Half 	<ul style="list-style-type: none"> Baked Penne Pasta w/ Tomato Sauce V Parmesan Roasted Broccoli V Diced Pears
February 17 – 21, 2020	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
February 24 – 28, 2020	<ul style="list-style-type: none"> Oven Baked Lasagna V Roasted Ginger Kale VE Fresh Apple Slices 	<ul style="list-style-type: none"> Classic Cheese Pizza V Citrus Glazed Carrots VE Orange Smiles 	<ul style="list-style-type: none"> Traditional Cheeseburger Cucumber Coins w/ Dressing V Banana Half 	<ul style="list-style-type: none"> Sunbutter & Jelly Sandwich VE Roasted Kale & Sweet Potatoes V Diced Peaches 	<ul style="list-style-type: none"> Cheesy Omelet w/ Pancakes V Roasted Potatoes VE Applesauce Cup

Choose a Milk Nonfat or 1% White Milk

V – Indicates Vegetarian
VE – Indicates Vegan



Weekly - Nutrient Summary

Menu Names: Early Childhood W1

Site Group: Inspire
 Serving Group: Ages 3-5

Meal Pattern: [USDA] CACFP Meal Pattern
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	540.32	781.67	481.60	460.06	488.98		550.52(M)	
Total Fat (g)	15.01 (25.00%)	24.01 (27.65%)	17.13 (32.00%)	12.39 (24.24%)	13.90 (25.59%)		16.49(M)	26.96 %
Sat Fat (g)	2.88 (4.80%)	6.51 (7.50%)	5.95 (11.12%)	5.86 (11.47%)	6.93 (12.76%)		5.63(M)	9.20 %
Trans Fat (g)	0.00	0.00	0.00	0.00	0.00		0.00(M)	
Sodium (mg)	1,106.38	1,203.89	694.69	681.63	519.90		841.30(M)	
Carb (g)	69.26 (51.27%)	71.21 (36.44%)	56.57 (46.99%)	61.63 (53.59%)	66.84 (54.68%)		65.10(M)	47.30 %
Protein (g)	38.66 (28.62%)	69.58 (35.60%)	29.47 (24.48%)	28.47 (24.75%)	25.68 (21.01%)		38.37(M)	27.88 %

Legend

(M) Indicates missing nutrient values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.

Weekly - Nutrient Summary

Menu Names: Early Childhood W2

Site Group: Inspire
Serving Group: Ages 3-5

Meal Pattern: [USDA] CACFP Meal Pattern
Calculation Method: Weighted Analysis
Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	582.60	632.79	629.50	543.91	622.38		602.24	
Total Fat (g)	11.31 (17.48%)	19.24 (27.37%)	14.32 (20.48%)	13.67 (22.62%)	22.59 (32.67%)		16.23	24.25 %
Sat Fat (g)	4.38 (6.77%)	4.40 (6.26%)	6.36 (9.09%)	3.97 (6.57%)	9.07 (13.11%)		5.64	8.42 %
Trans Fat (g)	0.01	0.00	0.00	0.00	0.01		0.00	
Sodium (mg)	796.96	775.35	1,134.21	939.31	1,389.14		1,006.99	
Carb (g)	92.58 (63.56%)	95.26 (60.21%)	88.86 (56.46%)	86.12 (63.33%)	80.84 (51.96%)		88.73	58.93 %
Protein (g)	36.72 (25.21%)	21.19 (13.39%)	38.78 (24.64%)	32.53 (23.92%)	31.85 (20.47%)		32.21	21.40 %

Legend

(M) Indicates missing nutrient values.

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Weekly - Nutrient Summary

Menu Names: Early Childhood W3

Site Group: Inspire
 Serving Group: Ages 3-5

Meal Pattern: [USDA] CACFP Meal Pattern
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	437.89	495.97	439.62	750.12	633.16		551.35(M)	
Total Fat (g)	9.18 (18.88%)	14.22 (25.80%)	13.54 (27.73%)	37.31 (44.77%)	21.83 (31.03%)		19.22(M)	31.37 %
Sat Fat (g)	4.95 (10.17%)	7.00 (12.70%)	5.68 (11.63%)	4.84 (5.81%)	5.84 (8.30%)		5.66(M)	9.24 %
Trans Fat (g)	0.01	0.00	0.00	0.00	0.00		0.00(M)	
Sodium (mg)	1,046.78	582.81	621.95	649.34	833.90		746.96(M)	
Carb (g)	63.62 (58.11%)	67.17 (54.17%)	53.87 (49.02%)	84.78 (45.21%)	91.95 (58.09%)		72.28(M)	52.44 %
Protein (g)	26.17 (23.90%)	25.17 (20.30%)	28.78 (26.19%)	28.90 (15.41%)	22.41 (14.16%)		26.29(M)	19.07 %

Legend

(M) Indicates missing nutrient values.

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