Dear Brent Bears,

As your specials teachers we have a unique opportunity to share our subjects with you year after year and watch you grow. This year has been unlike any other school year that we have had before. While the changes have meant that we have missed out on many of the routines, events and celebrations that have traditionally marked our years together, you have shown that, no matter what, you are still musicians and actors, artists and scientists, athletes and students. As your teachers, we want you to know that you’re valued for the person you are, you are loved and supported, and each you have so many unique ways to interact with your environment.

We hope that through our passion for our individual subjects, and for teaching in general, we have shown you ways that you can be engaged with your environment no matter what that environment looks like. You have demonstrated how you can make amazing artwork out of materials you found outside and at home. As scientists you have documented and studied the wildlife and natural phenomena in your own backyards. You have made music with your voices and homemade instruments and stayed fit and active in a time when getting out and moving around isn’t easy. Through all of these actions you have learned the most important lesson of all: that you can control the one thing that really matters - your own selves. No matter what form summer takes, whether it contains those things you have come to expect or not, we, your teachers, love you and we’ll be here for you.
• Visit my YouTube channel to access videos of kids working out with me by clicking here: https://www.youtube.com/channel/UCVNlNKZ2Jt4f0DCB0xYklcg?view_as=subscription

• Participate in free workout videos on YouTube (PE With Joe) by clicking here: https://www.youtube.com/channel/UCAxW1XT0iEJo0TY1Rfn6rYQ

• Stretch, bend and get moving with the Cosmic Kids Yoga YouTube channel, where you’ll find 10-20 minute guided yoga workouts for preschool to elementary school-aged kids. https://www.youtube.com/user/CosmicKidsYoga

• Dancing is one of the easiest ways to get your body moving. Kids follow the moves on this YouTube-based dance challenge, they won’t even realize they’re getting in a great cardio workout. Click here: https://www.youtube.com/channel/UC0Vlhde7N5uGD1FXXWWEbFQ

• Preschoolers can practice balance and coordination while also practicing everything from colors to numbers to the ABC’s in Coach Josh’s fun workout show, streaming now on Amazon Prime Video. https://www.amazon.com/Dancing-Animal-Action-Toddlers-Coach/dp/B07W118DHD/ref=sr_1_5?dchild=1&keywords=exercise+for+kids&qid=1584660524&s=instant-video&sr=1-5

• A place for fitness, workouts, and wellness … just for kids. Need a simple way to get your kids moving? Simply choose the age category, press play and stream to any device. Find over 100 sessions categorized by age group. https://thekidscoach.tv/

• Get fit with a little monkey business! Moovelee is an animated monkey that leads 4-10 minutes workout videos for kids ages 3-5. With a focus on meditation, yoga, and cardio, Moovelee will get your kids moving. https://www.youtube.com/channel/UCss5kMPCaj_HhTM9-HKHg/featured

Virtual PE Apps

Nike Training Club https://www.nike.com/ntc-app


Go Noodle https://www.gonoodle.com/
SUMMER GAME TIME
COACH JALON KING

Coach J has created some dance videos for your enjoyment!
Stay: https://youtu.be/zAQ6Zj_EXzY
Take You to Rio: https://youtu.be/QGeYFf9m3lc
(1st and 3rd: Continue to master these moves!)
Jerry Sprunger: https://youtu.be/cKEuh1uS5uQ
Out West: https://youtu.be/ALWD9KQ7jiY
Kontrol: https://youtu.be/lIf2F9MzB0c

(Parents: These are short tutorial clips on YouTube; if your device settings allow the next video to play automatically, please keep an eye out; often music videos are the next to load. Also, these are dances that are popular on the TikTok app, but the minimum age for TikTok is 13 and, while the dances are fun, the app is not appropriate for elementary age kids.)

PLAYWORKS GAMES
to play at home
The Playworks Youtube Channel is a great place to start! Then there are lots of games to play at home, including:
- Warm-Up with Coach M from Chicago
- Beans on Toast
- Up Down Stop Go
- One Step Back
- Huckle Buckle Beanstalk
- Blizzard
- The Big Cheese
- The Floor is Lava with Coach Stin from Pennsylvania

If you are really looking for a tough workout, you could try Tae Bo cardio workouts with Billy Blanks. These use a combination of martial arts and cardio movements to provide some intense exercise!

Video 1
Video 2
Keep reading over the summer!!!

Enjoy your reading experience! Hence, read what you like, but also consider stepping out of your comfort zone once in a while. This can become an exciting new adventure. Try a variety of genre, and explore topics new to you. In the world of words, the sky is not your limit; you can “travel” to a different universe. You will be surprised what you will experience and discover. There are many ways to explore. Here are some suggestions.

DC Public Library

- **Summer Challenge 2020**
  
  Sign up, read at least 20 minutes per day, and win prizes! Please see this flyer for an overview with useful information.

- **E-Books and Audiobooks**
  
  E- and audio-books can be found in Overdrive and with the Libby App. Here is a short video by Elaine Pelton, Children’s Librarian at the Southeast Library, explaining how to use Overdrive.

- **Digital Resources**
  
  A variety of digital resources for children can be found here. In addition, ScienceFlix provides articles, videos, experiments, websites and other STEM related activities, while TrueFlix focuses on history, science and geography related topics.

Brent School Library

- Brent's online catalog can be found here. Students can access their accounts using the their generic login information, provided by the school.

Online Story Time

- Enjoy an author read aloud at KitLit TV.
- Explore interactive stories with the Library of Congress at read.gov.
- Watch an animated storybook at vooks.com.

Please contact Ms. Bettina at bettina.schewe@k12.dc.gov with any questions, if you need book recommendations, or if you just want to chat about what you are reading. She will monitor her e-mail throughout the summer.
Be a connected naturalist with iNaturalist
https://www.inaturalist.org

The iNaturalist app is an amazingly easy way to engage with nature and connect with other naturalists all over the world. Every time you see anything outside, from the coolest animal to the humblest weed, you take a picture of what you find, the app helps you identify what you saw, and then you submit your findings.

It's fun, and it is real science, since all of your observations get shared with international databases that you can search too.

**Step 1:** Download iNaturalist on your devices

**Step 2:** Within the app, join these two projects:
- Brent Elementary Naturalists
- Biodiversity of the Anacostia River

**Step 3:** Start making observations

During the 2020-21 school year, we'll use our data for learning in science class!

Want to relive Brent Bears Naturalist Week? Here are the videos:
- Mr. Mangiaracina and Milo visit Slygo Creek
- Mr. Mangiaracina describes the Naturalist Notebook Challenge
- Witness urban wildlife on the Anacostia River
- Explore the Great Lakes on this Virtual Field Trip
- Work on the activities in this Wetlands Activity Packet
- Watch this episode of The Magic Schoolbus Gets Swamped

The complete Naturalist Week Guide is still posted at:
www.tinyurl.com/Brentnaturalist

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How do I use iNaturalist?

Check out this video for a demonstration of iNaturalist.

This is a cool field guide made by the Anacostia Watershed Society.
Continue to collaborate with the school community by uploading pictures of art that you see or make. Join Brent’s “Art is EVERYWHERE” Circle in the PhotoCircle App. Pin: 977493

If you are interested in exploring **drawing or creating your own books or comics** the internet is full of resources. There is a wonderful series Lunch Doodles with Mo Willems that can be accessed on YouTube [https://www.youtube.com/watch?v=RmzjCPQv3y8](https://www.youtube.com/watch?v=RmzjCPQv3y8)

For those of you interested in **sculpture** here are some specific resources that expand on ideas we have talked about.

- Claymation: [https://www.youtube.com/watch?v=PHTQr0kfA98tue](https://www.youtube.com/watch?v=PHTQr0kfA98tue)
- Sculptures from natural materials - A clip from the incredible film *Rivers and Tides* about the work of artist Andy Goldsworthy [https://www.youtube.com/watch?v=f7sZv4_0Fxf](https://www.youtube.com/watch?v=f7sZv4_0Fxf).

**Printmaking**

- Styrofoam relief prints: [https://www.youtube.com/watch?v=eCjQXse8eB0](https://www.youtube.com/watch?v=eCjQXse8eB0)

**Fiber Arts**

- Sewing: [https://www.youtube.com/watch?v=i1-B01FB56](https://www.youtube.com/watch?v=i1-B01FB56)
- Embroidery: [https://www.youtube.com/watch?v=l6hve0QU-8](https://www.youtube.com/watch?v=l6hve0QU-8)

Don’t forget that you can visit popular **museums** online and access information from various **local art organizations**.

- The Phillips Collection: [https://www.phillipscollection.org/multimedia](https://www.phillipscollection.org/multimedia)
- National Gallery of Art: [https://www.nga.gov](https://www.nga.gov)
- Pyramid Atlantic Art Center: [https://www.pyramidatlanticartcenter.org](https://www.pyramidatlanticartcenter.org)
- District Clay Center: [https://www.districtclaycenter.com](https://www.districtclaycenter.com)
- Baltimore Clayworks: [https://baltimoreclayworks.org/?gclid=EAIaIQobChMIhufGuDC6QIVCEmGChId4AQbEAAYASAAEglID3vDBwE](https://baltimoreclayworks.org/?gclid=EAIaIQobChMIhufGuDC6QIVCEmGChId4AQbEAAYASAAEglID3vDBwE)
• Visit my YouTube channel to access hundreds of melodies students work on with me by clicking here: https://www.youtube.com/channel/UC-u_ThdCcmixVCY6emw6ZoA/playlists?view_as=subscriber

• Take a virtual music class with Dr. Krohn this summer: Email him at Joshua.krohn@k12.dc.gov to find out more information.

• Listen to free classical music all summer: https://www.classicalarchives.com/

• Listen to free music from all around the world for free: https://folkcloud.com/

• Take a virtual music class from the Lincoln Center’s Jazz Academy: https://academy.jazz.org/

• Visit the Dallas Symphony Orchestra’s children’s website: https://www.mydso.com/dso-kids/

• Learn about ALL of the instruments played throughout the world: https://www.allthemusicalinstrumentsoftheworld.com/

• Learn about Rock and Roll from the Rock and Roll museum: https://www.rockhall.com/education?fbclid=IwAR1lTh-E3PVMOzXwfi5c0NGMSK-kxA2fmgGDeUtlG_pYViTt28VjgC68

• There are live virtual concerts being performed everyday! Make it a family experience by watching one together. Visit this link to find out more: https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown?utm_campaign=npr&utm_source=facebook.com&utm_term=nprnews&utm_medium=social&fbclid=IwAR0UZsalMji0JYFYUIFool2xoQhop6dj1Nz_A8gx_P3tAL4vgO9-R7fGOo

• Make your own instrument: https://amaniproject.org/athome/#resources
SUMMER THEATER ARTS
DR. JOSH KROHN

• Watch free videos from the Lincoln Center’s on-demand theater library:

• Take a free Broadway-inspired music and theater class:
  https://calendarkiddo.com/classes-daily/?current_date=2020-05-19&search_text=&event_type_4=300&event_type=&event_type_2=130

• Take a Broadway virtual class from current Broadway stars:
  http://www.broadwayteacheskids.com/

• Company Theater has great virtual classes:
  https://www.companytheatre.com/academy/class-list/

SUMMER DANCE
WITH KIDZ BOP

Dance Along Videos

Blinding Lights
Electricity
Memories
Dance Monkey
2020 Vision
Beautiful People
The Git Up
Confident
Old Town Road
Feel It Still
Sucker
Fight Song

Warm-ups & Tutorials

Kidz Bop Shuffle (tutorial)
Thunder (Strength Warm-Up)
Cake by the Ocean (Cardio)
High Hopes (Warm-Up)

Shut Up and Dance (Stay-at-Home Dance Party – 25 min.)

Kidz Bop has movement breaks every day at 3:00 pm on the Kidz Bop YouTube channel. Join in!
Rising 6th Graders

You have all impressed me greatly these past two years. You came into Spanish with a passion and a curiosity for language and culture that allowed us to learn so much while also having so much fun. This summer while you are taking a break from classes, you will experience a great challenge to all language learners – staying "fresh." www.duolingo.com continues to be your best practice platform – making sure your vocabulary, phrases, and grammar do not "expire" before fall. All families should have an email with your login information sent in early March. Reach out to me at jennifer.hahn@k12.dc.gov if you need this information again.

Duolingo Tips

- Commit to practicing 2-3 times a week.
- During a practice you might try to reach Level 1 in a new unit, "level up" two earlier units, practice an old skill that is fading, or read a story.
- Extensions: practice hard sentences from screenshots, illustrate hard sentences, perform a story, read a story to a sibling, use words from a new unit and write an original story (El Cuento)

Other Suggestions

- Continue to join our Spanish Movie Club (Zoom) through June 22nd. Wednesdays @12:00 https://zoom.us/j/92720810669pwd=UXpLMGo3QTFEbGVqSCtoVklvM5xQ0To9 Meeting ID: 927 2081 0669 Password: 044326
- Make flashcards (by hand or online) using all vocabulario from the RECURSOS folder and practice with yourself, friends, and family.
- The Easy Spanish YouTube Channel (part of the Easy Languages channel) https://www.youtube.com/channel/UCAL4AMMMXKxH0u3FqZV6CQ/featu red is an amazing source to learn new phrases, listen to native speakers, and experience other cultures. Short teaching videos are recorded on the streets of Spanish speaking countries around the world and include subtitles.

Language Learners of Any Age

Looking to learn a new language this summer? Start with www.duolingo.com (create a free account) and the Easy Languages YouTube Channel (hit the channels button to choose your language) https://www.youtube.com/channel/UCqcBu0YYeJH4vKvKR--97cng.
HAVE AN EXCELLENT SUMMER!